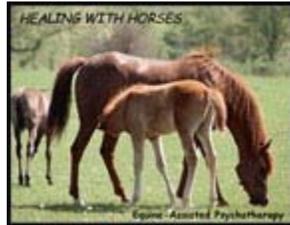


# ***EQUINE EXPLORATIONS™***

*presents*



## **“What Do Horses Have To Do With Healing?”**

Discover how this experiential approach can complement talk therapy and accelerate the healing process.

**Sunday, November 7 or Saturday, November 13, 2010**

8:00 am – 8:30 am Registration and Welcome

8:30 am – 12:30 pm Workshop

12:30 pm-1:30 pm Lunch (provided) & Discussion

Come for an exciting, enlightening, and fun experience with the Equine Explorations™ team of:

Sherry Simon-Heldt, MS, LISAC, CSAT, and Tim Heldt  
EAGALA-certified



And

Our Special Equine Co-Facilitators:  
Roco, Cisco, Cochise, and Cabo

4510 N. Tierra Alta Drive

Tucson, AZ 85749

(520) 990-4257

[simonheldt@cox.net](mailto:simonheldt@cox.net)

[www.equineexplorations.com](http://www.equineexplorations.com)

**4.0 Contact Hours –NAADAC Provider No. 766**

**Registration:**

\$60 with refreshments & lunch provided

*“Early-horse” special:*

*\$50 if paid by 10/30 for 11/07 workshop; by 11/6 for 11/13 workshop*

***ADDITIONAL SPECIAL OFFERING:***

*5% discount given to workshop returnees*

Either send a check made out to Sherry Simon-Heldt at location address  
or pay through PayPal ([simonheldt@cox.net](mailto:simonheldt@cox.net))

*Each workshop limited to 10 participants*

**Description of Workshop:** A workshop offered to therapists and other helping professionals, demonstrating how equine-assisted psychotherapy (EAP) provides an effective and powerful contribution to their clients' healing. Therapists can refer their clients for a few sessions of EAP work; together we collaborate on the client's process; then the client continues work with the primary therapist.

This workshop, conducted at Sherry and Tim's ranch in Northeast Tucson, will afford attendees the opportunity to experience certain aspects of the EAP process, both as direct participants and as observers. Following equine activities, time will be given for processing and discussion.

*\*\*\*No previous horse experience is necessary.  
Participants need to wear long pants and closed-toed footwear\*\*\**

**About Sherry:** After 10 years as a counselor and writing instructor at Pima Community College and 3 years as a Health Educator with the U of A's College of Public Health, Sherry opened her own practice 8 years ago, and sees clients at her ranch location in Northeast Tucson. As well as individual, couple, and group therapy, she facilitates personal growth workshops. In 2009, Sherry established an equine-assisted therapy program at a residential treatment center in Belize, Central America.