

## Join the H.E.R.D. (Horse Education, Rider Development)



**Saturday, January 26, 2013**

**AN 131 Spook in Place Demonstration**

This horse training demonstration focuses on establishing a deeper connection by utilizing the nuances of horse body language and applying communication cues on the ground and under the saddle to teach horses to turn to their rider for guidance when faced with a scary situation. Facilitator: Darcie Litwicki, CHA Certified Trainer

**1-4 p.m.**

**\$ 25 (CRN 70801)**

**Held at: Darcie Litwicki Equine Services, Vail, AZ**

**Saturday, February 16, 2013**

**AN 132 Science of Saddling**

A saddle that doesn't fit a horse correctly can hinder their movement, performance, behavior, soundness, and general health. Learn and observe the structural definition of naturally correct movement, equine anatomy, saddle anatomy, and horse-friendly saddle design features. Facilitator: Carol Grubb, Eclectic Equine Education

**9 a.m.-noon**

**\$ 30 (CRN 70826)**

**Held at: Equine Voices, Green Valley, AZ**

**Saturday, March 30, 2013**

**AN 101 Horse 101**

General aspects of horse behavior and horse care designed to meet the needs of those who are interested in learning more about horses, are considering buying a horse, or for those who have bought a horse and need support with learning the fundamentals of new horse ownership. Facilitator: Darcie Litwicki, CHA Certified Trainer

**8 a.m.-4 p.m.**

**\$150 (CRN 70772)**

**Held at: Darcie Litwicki Equine Services, Vail, AZ**

**Wednesdays, April 3-24, 2013**

**AN 101 Horse 101**

General aspects of horse behavior and horse care designed to meet the needs of those who are interested in learning more about horses, are considering buying a horse, or for those who have bought a horse and need support with learning the fundamentals of new horse ownership. Facilitator: Darcie Litwicki, CHA Certified Trainer

**5-7 p.m.**

**\$150 (CRN 70774)**

**Held at: Darcie Litwicki Equine Services, Vail, AZ**

**Saturday, April 6, 2013**

**AN 127 Introduction to Equine Acupressure**

Learn about the origins and philosophy of acupressure, to its techniques. Through classroom discussion and hands-on training using a horse model, participants will learn the key acupressure points for common ailments on you and your horse. Facilitator: Dr. Michael Hutchison, DVM.

**9-10:30 a.m.**

**\$ 30 (CRN 70799)**

**Held at: PCC, Community Campus**

**Saturday, April 27, 2013**

**AN 102 Horse 102**

In-depth aspects of horse behavior and horse care will be taught through lecture, discussion, demonstration and hands-on practice with horses. Facilitator: Darcie Litwicki, CHA Certified Trainer

**8 a.m.-4 p.m.**

**\$150 (CRN 70773)**

**Held at: Darcie Litwicki Equine Services, Vail, AZ**

**Saturday, May 4, 2013**

**AN 126 Equine-Facilitated Psychotherapy & Learning**

Participants will experience how the interaction with horses can help with the process of healing addictions, abuse, PTSD, grief, anxiety, depression and relationship issues. As well as, building leadership skills, solving problems, resolving conflicts and communicating effectively. Facilitator: Sherry Simon-Heldt, Certified Grief Counselor and Equine-Facilitated Therapist

**8-11 a.m.**

**\$ 30 (CRN 70850)**

**Held at: Rancho Amado, NE Tucson**

Whether you are a recreational rider or just interested in the idea of riding, join the HERD and take your knowledge of riding to a new level. Strengthen the communication between you and your horse; learn more about tack, hoof care, behavior, nutrition, basic cues, how horses help us heal and more.

**Spring  
2013  
Series**

**For more information call (520) 206-6579, email [continuinged@pima.edu](mailto:continuinged@pima.edu)  
or visit [www.pima.edu/continuinged](http://www.pima.edu/continuinged)**



**PimaCommunityCollege**

**(520) 206-4500**

**[www.pima.edu](http://www.pima.edu)**