

# ***MEN'S INTIMACY WORKSHOP***



***An equine-facilitated workshop for men  
who want to create deeper connection  
with Self and Others***

**Co-Facilitators:**

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Equine-Facilitated Psychotherapist  
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**The Equine Explorations™ Herd**

**WHEN: Saturday, March 02, 2013  
TIME: 9:30 am – 3:30 pm  
WHERE: 4510 N. Tierra Alta Drive  
COST: \$225 (Lunch provided)**

***Space is limited to six participants***

***Please mail \$100 deposit by February 22 to:  
Equine Explorations  
4510 N. Tierra Alta Drive  
Tucson, AZ 85749  
[www.equineexplorations.com](http://www.equineexplorations.com)***

## **What participants have said:**

***Because the participants who attended our 2012 Equine Men's Intimacy workshop had such a positive experience, we wanted to offer this opportunity again. We are pleased to share a couple testimonials from that event:***

*"I had been using Equine Therapy for some time and jumped at the chance to participate in the men's relationship workshop. I had entered the workshop hoping to learn a bit more about myself and successful relationships. What I came out of the workshop with was a validation that what I had learned and felt in individual therapy was working.*

*It was fantastic to gain an instant bond with the other men in the group while sharing what most men can't—intimacy about ourselves—with strangers—with the aide of the therapy horses! The workshop provided me an opportunity to practice and observe what I had been learning and provided me with a better understanding of the power of being in the moment, allowing myself to be vulnerable, and to trust in my relationship with myself and with others! A wonderful day learning with the help of Sherry, Jim and a fantastic herd of horses!" D.L., Tucson*

*"I was not sure what to expect when I attended the Men's workshop. The first word that comes to mind is 'amazing.' Issues I was struggling with gently came to the surface through the interaction with the horses and facilitators. I felt I received some great insights and awareness not to mention some much needed healing. I have encouraged others to look into participating in this experience." C.M., Tucson*