



Innovative Practice Approaches: Equine EMDR & Somatic Transformation

For clients who have difficulty tolerating high levels of emotion and staying present in their bodies, both Equine-Facilitated EMDR™ and Somatic Transformation© can help them access positive resources and focus on restoring regulation of intense affect and the polyvagal nervous system. Horses provide vast opportunities for helping us move toward Congruency. Through work with an equine, clients can experience the power of attachment, grounding skills, safe place, and other positive resources to help them move through their healing process.

Discover Equine-Facilitated EMDR and Somatic Transformation in this innovative and enlightening workshop co-facilitated by:

Jim Morris, Ph.D., LPC, EMDR- & Somatic Transformation-trained

***Sherry Simon-Heldt, MS, LISAC, CSAT
Equine-Facilitated Psychotherapist
Medical Intuitive (in training)***

11/05 (\$150) or both 11/05 & 11/06 (\$245), 2011

Tucson, Arizona

\$150 for one day; \$245 for two days

For more information, contact Sherry
www.equineexplorations.com

REGISTRATION

Name _____

Phone _____

Email _____

Are you a _____ Therapist? _____ Equine Specialist? _____ Other?

If "other," please specify _____

If a Therapist, are you trained in EMDR? _____ Yes _____ No;

In Somatic Transformation? _____ Yes _____ No

Please choose which workshop option you want to attend:

_____ November 05 (9:00 -4:00); **Cost \$150**

OR

_____ November 05 (9:00 – 4:00) **and** November 06 (10:00-3:00); **Cost \$245**

November 06 offers more intensive focus on the previous day's material, and greater opportunity for more individualized experience.

Beverages, snacks, and lunch are provided for participants each day.

Registration is limited to only *15 participants on November 05* and
10 participants on November 06,

so guarantee your space by submitting registration and payment
by **October 24, 2011**

"Early Horse Special": Register by October 5, receive %10 discount

Payment Options:

Print and mail registration form and check to:

Equine Explorations

4510 N. Tierra Alta Drive

Tucson, AZ 85749-9496

OR

Fill out and send registration information on the Contact Us page and
submit payment through PayPal (Workshops page)

Please note: This workshop does not constitute training in either
EMDR or Somatic Transformation.